



**If you are a young person with a problem involving** a foster home, group home, mental health service, justice system, or other government services, **we are here to listen and help.** We can:

- Help you get heard
- Help you learn about your rights
- Speak up for you
- Find someone who can help you
- Contact others involved
- Help you identify your options





## **Child and Youth Advocate**

193 Lemarchant Road

St. John's, NL

A1C 2H5

**Call: 753-3888**

**Toll Free: 1-877-753-3888**

**Email: [office@ocya.nl.ca](mailto:office@ocya.nl.ca)**

[www.childandyouthadvocate.nl.ca](http://www.childandyouthadvocate.nl.ca)



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